



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OUR COMMUNITY OUR CAUSE

The **St. Michaels Family YMCA**, a branch of the YMCA of the Chesapeake, is a 501 (c)3 non-profit charitable organization serving the St. Michaels and Bay-Hundred communities of Talbot County, Maryland. Our cause is strengthening community through programs that build a healthy spirit, mind, and body for all.

TOGETHER WE CAN DO SO MUCH MORE

Maryland faces new challenges that create a greater need for the work we do. Fortunately, where some see obstacles, we see opportunities for our members, volunteers, staff, and generous donors like you to make a difference.

No other organization can impact as many people as powerfully as we do every day. When you give to the St. Michaels Family YMCA, your gift will help young people achieve their potential, empower people of all ages to lead healthier lives and strengthen the bonds of community.

In **2018**, we served **1,738**
Individuals and provided
\$61,000

in scholarships and financial assistance
to those in need in our community.

712



Volunteer Hours

Were spent in the community by our dedicated volunteers who provided coaching, adult education, specialized art programming, and development planning

Give today and inspire a lifetime.

Your gift can support others in need. Give and do so much more.

\$31 gives a 6th grader a safe place to go afterschool for one-month

\$50 saves a life by teaching a child how to swim

\$100 helps prevent summer learning loss for a 3rd grader in one week of our Summer Learning Program

\$180 helps a person living with, through or beyond cancer to strengthen their physical and spiritual health through a specialized 12-week program

\$480 provides a six-month membership to a senior citizen living on a fixed income; giving them a community of peers to connect with and a place to stay mentally and physically active

\$600 provides a low-income family of four with a YMCA membership for a year

\$1,100 sends a child to camp for the summer

The St. Michaels Family YMCA strengthens community through programs that focus on **YOUTH DEVELOPMENT, HEALTHY LIVING,** and **SOCIAL RESPONSIBILITY.**



MIDDLE SCHOOL SPORTS

The Y offers youth sports for kids at all skill levels. At the St. Michaels Y, our middle school sports program was developed out of a recognized need for positive outlets and programs for middle school students in our community. Our program currently supports girls lacrosse, field hockey, and co-ed soccer. Program participants feel a sense of belonging to a team and learn the importance of teamwork, respect, and commitment. The Y subsidizes the program in order to keep this program accessible middle schoolers and their families.

SUMMER LEARNING/ SUMMER MEALS PROGRAMS

The YMCA partners with Talbot County Public Schools and CarePacks of Talbot County to provide a 5-week summer camp program for 18 children identified as food insecure, but ineligible for programs through Talbot County Public Schools' summer learning program. Program participants are given two free meals a day (breakfast and lunch) and participate in a STEM-based education curriculum in the morning, followed by a traditional day camp experience in the afternoon. This program is offered free of charge for program participants.



OPEN DOORS

The YMCA turns no one away due to the inability to pay. Donations raised throughout the year supports our Open Doors program, providing financial assistance and program scholarships so everyone in our community can belong.

ST. MICHAELS FAMILY YMCA

A branch of the YMCA of the Chesapeake
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